Evolutionary Leader Program Crafting Clear Goals

Reflect and Review:

Begin by revisiting the information and insights gained from your previous exercises.

- The information and your insights from your Time Audit, Distraction Analysis and Energy Peaks Identification assessments.
- The information and your insights from your review and reflection of those evaluations.
- The information and your insights from your brainstorm of designing your ideal work environment and daily state of being.
- The information and your insights from your role clarity determination.

Vhat are the key strategic objectives that stand out for you?				
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Define SMART Goals:

Now, turn these insights into specific, measurable, attainable, relevant, and time-bound (SMART) goals.

- Be sure each goal is specific and detailed; you don't want general or vague goals.
- o Be sure to include **why** you must achieve each goal as well.

SMART Goal:	 	
Why I must achieve this goal:		
SMART Goal:		
Why I must achieve this goal:		



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SMART Goal:	 	
Why I must achieve this goal:		
SMART Goal:		
Why I must achieve this goal:		

If you have more SMART Goals to list, feel free to pull out some sheets of paper to continue your list

