Evolutionary Leader Program Optimizing Your Leadership Launchpad

Review Your Current Practices:
Take a moment to review the daily schedule and energy management strategies you've developed so far.
Consider what additional adjustments may need to be made in order for you to optimally continue to participate in this 'Evolutionary Leader' program.
Additional Adjustments:



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ncorporate Additional Strategies:	
Begin to integrate these new elements into your daily schedule to better align with your goals for this program. This could involve setting aside dedicated time for program activities, incorporating additional breaks to recharge, and further ensuring your environment supports focus during your program activity times.	
et Actionable Goals:	
Define one or two specific, actionable goals you will implement this week to optimize our daily schedule and energy practices to include participating optimally in this program.	
et the intention to regularly evaluate the incorporation of these new elements and nake adjustments as needed.	
Actionable Goals for this Week:	
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